# Premarital Sex and Schooling Transitions in Four Sub-Saharan African Countries 

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#### Abstract

With the spread of formal schooling in sub-Saharan Africa and delays in the age of marriage, a growing percent of adolescents remain enrolled in school when they "come of age." As a consequence, more and more adolescents have to negotiate sexual maturation and sexual initiation in a very different context than prior generations. Using new data from the 2004 National Survey of Adolescents conducted in Burkina Faso, Ghana, Malawi and Uganda, this paper investigates the timing of two key transitions in adolescence-school exit and premarital sex-among those who remain enrolled in school at the outset of adolescence (age 12). Discrete time hazards models show that in general girls are more likely than boys to leave school before completing secondary, before completing primary and, among those completing primary, less likely to progress to secondary, although those girls who complete primary do so at the same age or younger than their male peers. Girls appear more vulnerable to dropout once they become sexually mature and once they engage in premarital sex. While girls were found to be less likely than boys, at any given age and controlling for other covariates, to have had premarital sex (except in Ghana), school enrollment and the timing of school entry were not consistent factors explaining gender differences. Thus, the negative schooling consequences of sexual maturation and premarital sex appear to be greater for adolescents in these four countries, especially for girls, than the premarital sex consequences of school-leaving.


## Introduction

With the spread of formal schooling in sub-Saharan Africa, a growing proportion of adolescents remain enrolled in school when they "come of age." As a consequence, more and more adolescents are having to negotiate sexual maturation and sexual initiation in a very different context than prior generations. With rapidly rising rates of return in the labor market to postprimary schooling, educational aspirations are rising across Africa and marriage and childbearing are being delayed. Nonetheless, school careers can be easily derailed when adolescent students engage in unprotected sex and fall victim to unintended pregnancy (leading to either premature parenthood or a potentially risky abortion). Girls' educational careers and their returns to educational investments are particularly vulnerable since pregnancy while in school typically leads to school exit for girls who choose to proceed with the pregnancy while boys' educational careers are less likely to be compromised by fatherhood. Policies and programs designed to address and encourage school progression and completion of primary and even secondary or higher levels must be built on a clear understanding of the interrelationships between schooling and reproductive health and behavior during the adolescent years.

Using new data from the 2004 National Survey of Adolescents conducted in Burkina Faso, Ghana, Malawi and Uganda, this paper investigates gender differences in the timing of two key transitions in adolescence-school exit and premarital sex-among those who remain enrolled in school at the outset of adolescence (age 12). In particular, we focus our analysis on events that occur between ages 12 and 19. The advantages of these data are (1) that events can be timed according to the year or age at which they occurred, including puberty, first sex, school entry and school exit; (2) the sample sizes of both male and female adolescents are relatively large; and (3) reporting or recall bias is likely to be minimal given the recency of events under study.

Because an integrated literature on premarital sex and school exit is still in its infancy, the paper is introduced with a brief review of two largely independent literatures on the determinants of school enrollment and attainment on the one hand and on the determinants of adolescent reproductive behavior-in particular the initiation of premarital sex—on the other hand. A
description of the data follows the literature reviews. The statistical analysis proceeds in three parts: (1) a descriptive analysis using life tables to show for each of the four countries and for boys and girls separately the interrelationships between the timing for first premarital sex and school exit; (2) a multivariate analysis of factors associated with the likelihood of school exit, including exit prior to secondary completion, exit prior to primary completion and not progressing to secondary; and (3) a multivariate analysis of factors associated with the likelihood of first premarital sex.

## Review of the Literature

Extensive literatures exist on both the determinants of adolescent reproductive behavior and of school enrollment and attainment in sub-Saharan Africa but until recently these literatures have followed separate tracks. Little attempt has been made among those interested in the determinants of enrollment and attainment to integrate adolescent reproductive health and behavior into their analyses of factors affecting educational outcomes or for those interested in adolescent reproductive behavior to integrate elements of the school environment into their analyses of adolescent reproductive outcomes. The earlier independence of these two literatures, each of which focuses on one aspect of the lives of adolescents, may seem somewhat surprising given the long tradition in demography of exploring fertility among adult women according to differentials in their educational attainment (e.g. Bledsoe et al 1999). It can probably best be explained by the fact that parents are seen to be the educational decision-makers on behalf of their children (and adolescents) while adolescents themselves were presumed to be responsible for their own reproductive behavior, thus necessitating different behavioral models. Our own multivariate analyses of school exit and premarital sex, which follow, each build from these earlier literatures.

## The determinants of school enrollment, retention and attainment

A multitude of empirical papers have been written on the factors affecting children's school enrollment, retention and attainment in sub-Saharan Africa. Most of these analyses have relied on cross-sectional data from household-based sample surveys looking primarily at individual and
family factors affecting various aspects of educational participation and attainment including parental education, household economic status, living arrangements and orphanhood status (e.g., Lloyd and Blanc 1996; Case et al. 2004). In more recent years with improvements in survey design allowing the linking of school and household characteristics, measures of school access and quality have been incorporated in some analyses as additional supply-side determinants of school enrollment, retention and attainment along with individual and family factors. ${ }^{1}$ Because our data are household based, we include in our analysis a few of the most important household and family factors or demand-side factors - in particular household economic status and orphanhood status - which have been found to be important determinants of schooling outcomes.

There is a large literature documenting a positive association in the cross-section between parental income or wealth and children's schooling outcomes (NRC/IOM. 2005). A recent comparative analysis of data from 51 countries ( 35 from sub-Saharan Africa) supports earlier findings in demonstrating the continuing importance of the economic status of the household, as measured using an asset index, in explaining differences among children in educational outcomes (Ainsworth and Filmer 2006). Parental education is of equal or even greater importance in most studies, with some studies showing mother's education as more important and some studies showing father's education as more important (NRC/IOM 2005; Behrman 1997)

Comparative analysis of the role of orphanhood in explaining differences in the current enrollment of children ages 7-14 found that, while orphans have lower enrollment than nonorphans in some countries, the differences are relatively small and dwarfed by differences in households' economic status (Ainsworth and Filmer 2006). Some analysts more recently have begun to rely on longitudinal data to analyze the effects of the family environment, including orphanhood, on subsequent schooling outcomes. Case and Ardington (2006), using data from South Africa from 2001 to 2004, found that the death of a mother, not the death of the father, has a negative causal effect on children's enrollment and grade attainment. These results apply to

[^1]both younger (ages 6 to 10) and older children (ages 11 to16). Indeed, it would appear that the educational deficit of maternal orphans accumulates over time. The researchers did not find that female orphans are differentially disadvantaged in terms of school outcomes. A five year panel of 20,000 Kenyan children also found a substantial decrease in school participation following parental death with the largest effects for maternal orphans and for children, who prior to the parental death, had been doing poorly in school (Evans and Miguel 2007).

Among students who remain in school until adolescence, additional individual factors come into play in explaining ultimate educational attainment and the timing of school exit as young people themselves take up a larger role in determining educational outcomes. Transitions through puberty, premarital sexual experiences, pregnancy, motherhood and marriage can potentially compromise school careers. From focus group discussions with female and male 14-19-yearolds in Burkina Faso, Ghana, Malawi and Uganda in 2003, a strong, commonly held view was expressed that girls still bear the brunt of negative consequences when it comes to premarital pregnancy. Young men who are fathers before marriage are teased or pitied, but girls in this situation were talked about as having to drop out of school or being chased out of the home (Amuyunzu-Nyamongo et al. 2005). While we know empirically that adolescent students in subSaharan Africa are less likely to have had sex than their out of school peers (NRC/IOM 2005) and more likely to use protection if they do have sex (Lloyd 2006), we know relatively little about how various aspects of reproductive health and behavior affect the likelihood of school exit. In an analysis of DHS data from five West African countries, Lloyd and Mensch (2006), using hazard models and time varying variables, found that the probability of school exit for adolescent girls was significantly and positively associated with the initiation of first premarital sex in four of the five countries. While these results do not establish causation, they do show how the timing of these transitions are related to each other and suggest that educational progress cannot be fully assessed without attention to other concurrent adolescent transitions.

## Adolescent reproductive health literature

Switching now to the literature on adolescent reproductive health, it is important to first review recent trends in premarital sex, which is the reproductive behavior of interest to us in this paper. A recent analysis of trends in marriage and the timing of sexual initiation in sub-Saharan Africa found that, while the age at first sexual activity has either remained the same or risen in conjunction with a rise in the age of marriage, there has been a shift in the context of first sex in many countries with a rise in the percent of first sex that occurs before marriage (Mensch, Grant and Blanc 2006). Further details on the context-in particular whether or not premarital sex is more likely to occur among adolescent students than in the past-have not yet been investigated.

There is a long tradition of analyzing the relationship between education and fertility, including adolescent fertility (Bledsoe and Cohen 1993) as well as the relationship between education and age of sexual initiation (NRC/IOM 2005). Typically such studies are correlational using crosssectional data that look at completed education in relationship to reproductive outcomes. In the vast majority of studies, educational attainment is consistently and negatively associated with the probability of initiating sex. Unfortunately however, given that pregnancy and parenthood are often reasons for leaving school, the apparent preventive effect of educational attainment on sexual initiation could instead be the effect of sexual activity on the likelihood of school exit (see discussion above). In order to understand the potential role of schooling in adolescent reproductive outcomes, it is necessary to identify characteristics or experiences that predate sexual initiation and that can be linked to subsequent reproductive outcomes.

The results of a few studies would suggest that individual schooling experiences as well as schooling characteristics are likely to be important factors in subsequent adolescent reproductive outcomes among those who remain enrolled at the onset of adolescence. Grant and Hallman (2006), using retrospective data from a South African survey of adolescents collected in 2001, found that adolescents who had started school late were at significantly greater risk of getting pregnant while enrolled in school than those who started on time. In addition, those who repeated a grade prior to becoming pregnant were twice as likely to drop out of school when they became
pregnant than those who had not repeated. Marteleto, Lam and Ranchhod (2006), using a longitudinal sample from Cape Town, South Africa, found that both boys and girls with higher literacy and numeracy scores were much less likely to have made their sexual debut in the three years between the two surveys. Lloyd and Mensch (2006), using data from the DHS for five West African countries, found that adolescents who were in the lowest category of the grade-forage index (a measure of school progress) were more likely than those in the highest category to have a first birth during the teen years.

In a study that involved the collection of detailed independent data on the characteristics of schools attended by Kenyan adolescents, Mensch et al. (2001) found that for girls, a school characterized by a gender-neutral atmosphere, as measured by the percent of students of either sex who report that the sexes are treated equally at school, were significantly less likely to engage in premarital sex. ${ }^{2}$ The same was not true for boys. In a randomized trial of various school interventions among adolescents in Kenya with the goal of reducing the spread of HIV/AIDS, Duflo et al. (2006) found that reducing the cost of education by providing funds for school uniforms simultaneously reduced dropout rates, teen marriage and childbearing, thus reinforcing the notion that these three behaviors may have underlying causes in common. Other interventions such as teacher training in an HIV/AIDS curriculum and sponsoring a debate and essay writing on the role of condoms in the schools were not as effective in reducing teen childbearing-the main measure adopted by the authors to measure risky sexual activity-and therefore had no impact on retention rates.

The family environment-both earlier in childhood and currently-also plays an important role in the timing of sexual and reproductive health transitions in adolescence. One particular mechanism is via negative experiences in childhood-such as the death of a parent or alcohol abuse in the household-that can disrupt normal development and lead to high-risk behaviors in adolescence and adulthood, including early sexual activity or unwanted sexual activity. Retrospective cohort studies in the United States have found positive associations between

[^2]adverse childhood experiences and teen pregnancy and paternal involvement in teen pregnancy. Moreover the relationship between adverse childhood experiences and teen pregnancy is graded; that is, the higher the number of negative experiences, the higher the likelihood of teen pregnancy (or paternity in a teen pregnancy) (Anda et al. 2002; Hillis et al. 2004).

There are few comparable studies in Africa of negative childhood experiences and later sexual and reproductive health outcomes. The predominant focus instead has been on the contemporaneous absence of parents and adolescent sexual risk and protective behaviors. Moreover, the specific mechanisms that could explain why parental absence is associated with an earlier start to sexual activity, and why this might matter more for girls than for boys are not entirely clear. For example, a survey-based study in a slum in Nairobi, Kenya showed that when the father lived in the household, never-married 12-19-year-old daughters were much less likely to have ever had sex, to have had an unwanted pregnancy or to have been recently sexuallyactive than when neither parent or only the mother lived in the household (Ngom, Magadi and Owuor 2003). Evidence from studies that examined outcomes for both females and males indicates that parental presence has a more protective effect for females than males. In Ghana, national survey data showed a protective effect of living with both parents compared to other kinds of living arrangements on ever having sex for adolescent females, but not for males, although there was no association with number of sexual partners or contraceptive use (Karim et al. 2003). Another study in Côte d'Ivoire found that living in the same household as the father in childhood was associated with a delay in first sex for female adolescents but not for males (Babalola, Tambashe and Vondrasek 2005).

## Data and Analytic Sample

Data for this study are from nationally-representative, household-based surveys of female and male 12-19-year-olds conducted in 2004 in Burkina Faso, Ghana, Malawi and Uganda. ${ }^{3}$ The national surveys were designed to be as comparable as possible and to include a wide range of

[^3]measures of family context. A first-stage systematic selection of enumeration areas was made in each country, and a second-stage selection of households within the selected enumeration areas was made from a household listing. All 12-19-year-old de facto residents in each sampled household were eligible for inclusion in the survey. ${ }^{4}$ Interviews were completed with 5,955 1219 year-olds in Burkina Faso, 4,430 in Ghana, 4,031 in Malawi and 5,112 in Uganda. ${ }^{5}$

## Analytic sample

For this analysis, our sample is restricted to individuals who were enrolled in school at age 12 and had not yet had sex or married by that age. ${ }^{6}$ Table 1 shows the total number of adolescents in the survey, how many had left school before age 12 , how many were in school at age 12 and the final number included in the analytic sample. With the exception of Burkina Faso, very few had exited school prior to age 12 among those who had entered and only between one and two percent of those who attended school began after age 12. We assumed that adolescents who did not know the age at which they started school (ranging from 5.5\% of school-going adolescents in Burkina Faso to $21.8 \%$ in Ghana) first attended school prior to age 12 . The sample is reduced further by excluding those few adolescents who were in school at age 12 and had married or reported having sex before age 12. The total number of cases dropped from those in school at age 12 for all the reasons mentioned ranges from 35 cases among females in Burkina Faso females to 183 cases among Uganda males. In sum, most school and reproductive outcomes will be captured within the sample chosen.
[Table 1 about here]

[^4]The sample restriction of being in school at age 12 leads to a drop in cases ranging from 10-12\% of the original sample in Ghana to just 5-7\% of the original sample in Malawi and Uganda. User fees for primary school were abolished in 1994 in Malawi, 1997 in Uganda, and just recently in 2005 for Ghana, and the majority of adolescents in these three countries were in school at age 12. On the other hand, the restriction of the analysis to respondents in school at age 12 produces a very select group of adolescents for Burkina Faso ( $42 \%$ of $12-19$-year-old males and $31 \%$ of females), where the proportion of adolescents who have ever been to school is relatively low compared to the other three countries. Thus, interpretations of the descriptive and multivariate evidence for Burkina Faso are based on the "leading edge" of students in the younger generation.

## Discrete-time approach

A discrete time approach is used where units of time are measured with years of age. Each person-year corresponds to the year spent at a given age by a given individual; each individual therefore contributes a series of single-year observations, from age 12 up until either they experience the event of interest or are censored. Censoring occurs either because the adolescent is interviewed without experiencing the outcome of interest or is no longer at risk of experiencing the outcome because marriage removes him/her from the risk of premarital sex or because the completion of a school level removes him/her from the risk of dropping out before that level. Estimates of person-years are derived from retrospective reports of the ages at which particular events, such as puberty, school exit or premarital sex, occurred.

The lack of precise dating of events, and the corresponding need for discrete time methods, has important consequences. Because the unit of analysis is the person-year, a somewhat conservative censoring approach is used; when individuals have either not undergone the outcome of interest prior to the survey, or experience the event at the same age as their age at the time of their interview, they are censored one year younger than their age at interview (and deemed not to have undergone the event). This censoring protocol is applied to the multistate life tables showing status by age with respect to school exit, premarital sex and marriage, and to the multivariate models of school exit, school progression and premarital sex. This approach
prevents biases that would result if either of two alternative approaches were applied. The first alternative approach, which simply censors individuals who have not experienced the event prior to being surveyed, would result in an underestimate of the probability of that event at that age. For example, including the 'age 15 ' person-year of an adolescent who was interviewed at age 15 and was still in school does not allow for the possibility that school exit can still occur at age 15 for this individual (i.e., the last complete person-year observation was 'age 14'). The second alternative approach, which would apply the conservative censoring approach only to those individuals who have not experienced the event of interest prior to the survey, would contribute to an overestimate of the probability of the event at that age.

## Results

## Multistate life tables of schooling and sexual transitions

Adopting a life table approach to examining transitions in adolescence is preferable to examining current status or retrospective information for those who have experienced the transitions because those who have not experienced the event of interest by age ' $\mathrm{x}-1$ ' or younger but who are still at risk of the event (i.e., their data are "right-censored") can be included and sampling error is reduced as well (Zaba et al. 2004).
[Figures 1-8 about here]

Figures 1-8 are a series of stacked area graphs, representing a synthetic cohort, showing the percentage of each year in the life table spent in each type of combination of schooling and sexual statuses. These figures, which are based on our sample of adolescents aged 12-19 who were in school at age 12 and had not yet had sex or married, show both the timing of transitions and the scale of exposure to different combinations of statuses. At any point in time, an adolescent can be placed in one of six mutually exclusive statuses: (1) in school, no premarital sex, no marriage; (2) in school, premarital sex, no marriage; (3) in school, married ${ }^{7}$; (4) out of school, no premarital sex, no marriage; (5) out of school, premarital sex, no marriage; (6) out of

[^5]school, married. The letter "S" in the legend stands for premarital sex and "M" stands for first marriage. While this paper focuses on school-leaving and premarital sex, marriage is included in the graphs to highlight the fact that many girls who have left school and who have not had premarital sex yet are actually sexually-active within marriage and therefore are no longer exposed to the risk of premarital sex. The lower three segments represent students ${ }^{8}$ and the upper three represent adolescents who are out of school. The slope of the line dividing these two sets of segments represents the pace of dropout from school. The order of the graphs is by country and shows males and then females.

For boys, by age 16, well over 80 percent of boys remain in school in Ghana, Malawi and Uganda. ${ }^{9}$ In Burkina Faso, on the other hand the percent has fallen to slightly below 60 percent by that age. For girls, the percent dropping out by 16 is greater than that for boys in every country, with the biggest gender gap in Uganda. The graphs illustrate that those who started adolescence as students (at age 12) spend a large share of their years between 12 and 19 as students who are not sexually-active (the bottom part of the graphs).

Overall, by the age of 16 , only 6 percent of boys in Ghana in the analytic sample report having had premarital sex and over 33 percent in Malawi, with 19 percent in Burkina Faso and 24 percent in Uganda. While percentages reporting premarital sex by 16 show a narrower range across countries for girls, the gender gap in the percent having premarital sex varies widely across countries. In Ghana, more girls than boys report having sex by that age, in Burkina Faso and Uganda, the gender differences are relatively small but in Malawi, the gender gap is huge with 33 percent of boys reporting premarital sex and only 8 percent of girls (data not shown). ${ }^{10}$

[^6]Some of the students in the sample who have never had sex become sexually active while remaining enrolled while others leave school first and then transition into either premarital sexual activity or marriage. Among boys in Malawi and Uganda, more time is spent by adolescents as students and having premarital sex than out-of-school and sexually active. This is because overall enrollment rates remain high during adolescence in these two countries. On the other hand, among students, the percentage having premarital sex by age 16 , for example, is much lower than the percentage who have not engaged in premarital sex. In Burkina Faso, male students start to exit school earlier and thus shorten the amount of time spent during adolescence when they are both in school and sexually-active. Ghana is unusual as overall enrollment is high but time spent having premarital sex while in school is nonetheless low during adolescence.

For girls in all countries, but most particularly in Malawi and Uganda, as compared to boys, a much larger share of adolescence is spent out-of-school and married, particularly after the age of 16, leaving much less time available for other statuses. Remarkably, within each country both boys and girls appear to spend a similar proportion of time during adolescence out-of-school, not having had premarital sex and not married yet either (the light colored area in the middle of each stacked area graph).

## Multivariate analysis

The multivariate analysis examines four outcomes; three measuring school transitions and one measuring the timing of premarital sex defined as first sex occurring prior to marriage or living with someone of the opposite sex. For school transitions, we look at school exit before secondary completion, school exit before primary completion and progression to secondary among those completing primary. We begin with school exit before secondary completion because that involves the largest person-year file and the greatest number of events and thus provides us with our most stable models. However, because so few adolescents in these countries complete secondary, the more critical outcome is often completion of primary. We also examine progression to secondary among those completing primary because we are particularly interested
in the gender effects. We hypothesize that girls who make it through primary might be such a select population that they are more likely than boys to make the transition to secondary.

Discrete time hazard models are estimated using logistic regression; the outcome is whether or not the event - school exit prior to secondary completion, school exit prior to primary completion, and progression to secondary or premarital sex - was experienced in that personyear. Both pooled models combining boys and girls and sex-specific models are estimated in order to explore the extent and source of gender differences. Since individuals contribute multiple person-years, all models are adjusted for clustering.

We recognize that in estimating the effect of puberty and premarital sex on school exit and the effect of school exit on premarital sex, there is a problem of endogeneity if both outcomes are influenced by the same underlying individual and family factors, some of which are unmeasured and uncontrolled for in the regression models. However, we chose to estimate these models in order to establish the sequencing of events, which is not usually possible to do with most developing country surveys because they lack information on the timing of school leaving. Thus, at the very least, we are able to establish whether the likelihood of school drop out is greater after experiencing puberty and premarital sex than before experiencing them. Similarly we are able to establish whether puberty and school dropout are associated with an increased risk of premarital sex.

Compared to other household surveys we have at our disposal a somewhat larger set of individual and household covariates, including the timing of puberty (defined as age at menarche for girls and age when boys first noticed a set of physical changes), premarital sex and school exit, which are all time varying, and age at school entry. Note, however, that the imprecision in dating discussed earlier presents challenges in the construction of variables dependent on aligning particular events with particular ages. This problem potentially results in a dilution of the effects of time-varying covariates in the models. For example, if an individual experiences a given event (e.g., puberty) at age x , she is not considered as having experienced that event until
the person-year corresponding to age $(x+1)$. This imprecision with respect to timing and sequencing of events becomes problematic if experiencing the 'independent variable' event has an important effect on the probability of experiencing the 'dependent variable' event very soon thereafter. This issue may be of particular importance when trying to elucidate associations (in either direction) between first premarital sex and school exit.
[Table 2 about here]

The covariates in our models are described in Table 2 and include individual characteristics and household characteristics. Among the household characteristics, we include a set of variables we label "negative childhood experiences." These include food availability in the household and alcohol abuse in the household prior to age 10 . We also construct a series of orphanhood variables that distinguish those who became orphans prior to age 10 and those who became orphans anytime since age 10 . Adolescents in the reference category are those whose mother or father were still alive at the time of the survey. For adolescents whose parents died when the adolescent was 10 years or older, the variable is time-varying. ${ }^{11}$ Two additional dummy variables capture adolescents whose parent died before they turned 10 and adolescents who did not know how old they were when a parent died. A set of comparable variables for religious affiliation (Catholic (reference group), Muslim, and Protestant/other) and country-specific variables for ethnic group affiliation (with the most common ethnic group singled out in each case) are also included as controls.

With regard to household characteristics, we note that the socioeconomic status indicator is generated using a modified version of the household asset index developed for use with the Demographic and Health Surveys by Filmer and Pritchett (1999). ${ }^{12}$ Each household is

[^7]attributed a distributional score according to whether it falls into the bottom two quintiles, 'middle' two quintiles (fortieth to eightieth percentiles), or top quintile for its surroundings (urban or rural).
Other household characteristics used as controls include urban/rural status and the household head's education in single years.

Because of our interest in the results for puberty, school exit, premarital sex and age of entry, the tables that follow present the results for these variables only, although the covariates described in Table 2 are included in the models. In particular, for the school outcome regressions, we focus our discussion on the associations between school outcomes and puberty and premarital sex, whereas for the premarital sex outcome, we focus our discussion on the associations between this outcome and school exit and late entry. The full results for the regressions with all the covariates are presented in Appendix Tables 1-4.

## School Outcomes

We begin by investigating gender differences in our school outcome variables by presenting the results of regressions where we have pooled the data for boys and girls and look at the effect of a female dummy variable. Table 3 shows that in all four countries, girls still in school at age 12 are significantly more likely than boys to drop out of school before the completion of secondary (see row one) controlling for other covariates, including age. Odds ratios range from 1.3 in Burkina Faso to 2.0 in Uganda, indicating the increased likelihood of dropout for girls. If we restrict our analysis to dropout prior to completing primary school, odds ratios drop slightly and all remain statistically significant except in the case of Burkina Faso where the sample of schoolgoing girls is highly selective and appears not to be much more likely to drop out of primary school than boys. As far as progression to secondary is concerned, compared to boys, girls who complete primary are more likely not to progress to secondary, although the results are only significant at conventional levels for Uganda and Burkina Faso. Note that in the case of Ghana,
argue that this approach produces an index that is more sensitive to the potentially different contexts of urban and rural poverty.
progress to secondary is measured as transition to upper secondary because lower secondary is included in basic education (6 grades of primary and 3 grades of lower secondary).

Although girls are more likely to leave school prematurely, it is important to determine whether those who complete primary, do so at the same age as boys. If girls finish primary at the same age as their male peers, one could conclude they are equally adept at academic work despite the fact that they withdraw from school. To explore this issue, in Table 4 we estimate the mean age at primary completion for three different sub-samples: (1) those completing primary the same year they were surveyed, (2) 18-19-year-olds who did not progress past primary and (3) 18-19-year-olds who progressed to secondary. Note that because of censoring, calculation of the mean is not straightforward and biases may exist in all three estimates. ${ }^{13}$ Caveats aside, with the exception of Burkina Faso, the patterns observed in the three subsamples in Table 4 are similar; girls complete primary at the same age as or even at a younger age than boys. This finding suggests that girls who complete primary may be as capable academically as their male peers. They may be more likely to leave school because of prevailing gender role attitudes and a disinclination on the part of parents to invest in girls' schooling relative to boys. An alternative explanation is that girls who complete primary are a more select group than boys. However, if that were the case, one would expect girls who finish primary to be more likely than boys to progress to secondary, which is not what we observe in Table 3.
[Tables 3 and 4 about here]

Table 5 summarizes the results for the three school exit models, school exit prior to completion of secondary, school exit prior to completion of primary, and failure to progress to secondary

[^8]among those who completed primary, for the two covariates of interest-puberty and premarital sex-separately for males and females. With the exception of Burkina Faso, having experienced puberty and engaging in premarital sex consistently raise the likelihood of school exit and failure to progress to secondary for girls. However, only for dropout prior to completion of secondary are the results significant for all three countries. In Burkina Faso, puberty does not appear to have an effect on dropout for girls, possibly because of the highly selective group of girls who are attending school after the age of 12 . While the results for the effect of premarital sex on the three outcomes for girls in Burkina Faso are also inconsistent, the odds ratio for the "prior to completion of secondary" model is quite large and nearly significant ( $\mathrm{p}=.09$ ).

Thus far, for the female models, we have limited our discussion of covariates to premarital sex and puberty because that is the focus of this paper. It is important to note, however, that aside from age, household head's education and urban residence, premarital sex and puberty have the most consistent and significant effects on school outcomes of any of the covariates in the models. (See Appendix Tables 1-3).
[Table 5 about here]

The results for boys are different from those for girls. Having experienced puberty has inconsistent effects, although it is not apparent whether puberty actually has no association with school outcomes or whether there is measurement error in the timing of puberty for boys. The question on onset of puberty for boys was about a series of changes that are perhaps harder to identify as occurring at a particular age whereas for girls the first menstrual period is usually a memorable event. ${ }^{14}$ In the case of Ghana, which is the only country where the effect is statistically significant for boys, having experienced puberty reduces the likelihood of dropout prior to completion of secondary relative to having not experienced puberty.

[^9]For boys, as for girls, having had premarital sex increases the likelihood of school dropout. However, the odds ratios are somewhat smaller and only in the case of Uganda are the results for boys statistically significant for dropout prior to both secondary and primary completion. For progression to secondary, the results for premarital sex are inconsistent for boys. One explanation for this gender difference is that girls who are sexually active are also at risk of pregnancy (less than $30 \%$ of sexually-active, never-married 15-19-year-old girls currently use contraceptives (NRC/IOM 2005: 212)). And while girls who are visibly pregnant are generally asked to leave school in sub-Saharan Africa, boys who get girls pregnant do not face this risk (Lloyd and Mensch 2006). This gender difference in effects is also notable for the other covariates. For boys, the socioeconomic variables have somewhat larger and more consistent effects on school outcomes than they do for girls. In particular, residence in an urban area and household head's education appear to benefit boys slightly more than girls (See Appendix Tables 1-3). In sum, while experiencing puberty and premarital sex are important factors in school outcomes for girls, for boys, continuation in schooling appears to be more a function of household and community resources. ${ }^{15}$

## Premarital sex

The results for the premarital sex models are shown in Tables 6 and 7, where we examine the effect of puberty, being out of school, and late entry into school on the likelihood of premarital sex. Table 6 presents the pooled sex models and indicates that the likelihood of premarital sex is significantly lower for girls in Burkina Faso, Malawi and Uganda and significantly higher for girls in Ghana at any given age, controlling for all the covariates. This exception for Ghana is consistent with analyses of Demographic and Health Survey data that found girls in Ghana were more likely to report premarital sex than boys (Curtis and Sutherland 2004).

[^10]Table 7, which presents the sex-specific results, shows that in all four countries, puberty, not surprisingly, raises the likelihood of premarital sex for girls; the effect is strongly significant in Ghana, Malawi and Uganda. The self-reported timing of pubertal changes for boys has no significant association with the likelihood of premarital sex. Enrollment in school has a significant protective effect for both girls and boys in Ghana and for girls in Uganda. Enrollment in school does not appear to have a significant protective effect in Burkina Faso or Malawi (possibly in the case of Malawi because of the underreporting of premarital sex among girls). To the extent that delaying school entrance is associated with premarital sex, it reduces the likelihood in Malawi for boys and in Burkina Faso for girls.

Interestingly, none of the socioeconomic variables have consistent and significant effects on the likelihood of premarital sex for either sex across all four countries. Aside from an occasional exception, the household wealth quintiles, head's educational attainment, negative childhood experiences and religion, are not associated with premarital sex among adolescents (see Appendix Table 4). ${ }^{16}$
[Tables 6 and 7 about here]

## Conclusion

Adolescence is a complex time of transitions but rarely are these explored simultaneously. Typically education experts explore the determinants of various school outcomes without considering the possible implications of other physical and behavioral changes adolescents are experiencing at the same time. Typically experts on adolescent sexual and reproductive health focus on factors affecting first sex but rarely bring in aspects of the schooling experience that may be important as well.

[^11]The availability of four comparable nationally-representative surveys of adolescents in subSaharan Africa, which not only focus in detail on adolescent sexual and reproductive health and behavior but also include detailed information on adolescents' progress through school, provide us with an opportunity to explore these issues. Focusing on experiences among 12-19 year olds who were enrolled in school at age 12, we first investigate the distribution of adolescent experiences across various possible statuses, including in school and not had premarital sex, in school and had premarital sex, in school and married, out of school and not had premarital sex, out of school and had premarital sex, and out of school and married. While marriage and school enrollment are fairly incompatible, premarital sex and enrollment are not, and we find variations across countries and by sex in the extent to which adolescents spend time in school while sexually active.

In every country we find that at any given age girls are more likely to drop out of school than boys before completing secondary and before completing primary, and that those girls who complete primary are less likely to progress to secondary. A partial explanation for these gender differences can be found in differences between the sexes in the implications of puberty and premarital sex while in school for school dropout. In general, girls appear more vulnerable to dropout once they become sexually mature and once they engage in premarital sex (which can lead to pregnancy and dismissal). However, we observe huge variations across the four countries in the strength of these conclusions, suggesting that many contextual factors, including differences in the extent of premarital sex and early marriage, could be important in explaining cross-country differences.

Our results indicate that the negative schooling consequences of sexual maturation and premarital sex appear to be greater for adolescents in these four countries, especially for girls, than the premarital sex consequences of school-leaving. While girls were found to be less likely than boys at any given age to report having had premarital sex, school enrollment and the timing of school entry were not consistent factors explaining these gender differences. In Ghana, school
enrollment is protective in terms of premarital sex for both boys and girls, in Uganda it is protective for girls and not boys, and in Malawi and Burkina Faso there is no evidence from these data that it is protective for either sex. Surely many factors play into variability in premarital sex both across and within countries. It is possible that, as observed in rural Kenya (Mensch et al. 2001), variation in school quality may account for some of the differences in the likelihood of premarital sex. Future studies that collect more detailed information on the educational environment should help elucidate the associations between school experiences and sexual behavior among young people in sub-Saharan Africa.

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Table 1. 2004 National Survey of Adolescents: Sample sizes and sample characteristics for each country by sex

|  | Burkina Faso |  | Ghana |  | Malawi |  | Uganda |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Males | Females | Males | Females | Males | Females | Males | Females |
| Completed interviews by de facto adolescent household members | 3,016 | 2,939 | 2,229 | 2,201 | 2,052 | 1,979 | 2,510 | 2,602 |
| Ever attended school, but exited prior to age 12 | 208 | 132 | 49 | 42 | 49 | 49 | 31 | 66 |
| In school at age 12 | 1,254 | 920 | 2,004 | 1,932 | 1,941 | 1,863 | 2,395 | 2,407 |
| Analytic sample* | 1,197 | 885 | 1,942 | 1,868 | 1,776 | 1,801 | 2,212 | 2,325 |

Source: 2004 National Survey of Adolescents in Burkina Faso, Ghana, Malawi and Uganda

* The analytic sample is restricted to individuals who were in school at age 12 and had not yet had sex or married at age 12.


Fig 2. School, marriage \& premarital sex status distributions by age:
Burkina Faso, females


Fig 3. School, marriage \& premarital sex status distributions by age: Ghana, males


Fig 4. School, marriage \& premarital sex status distributions by age: Ghana, females





| Variable Name | Description | Timevarying | Omitted category | Notes |
| :---: | :---: | :---: | :---: | :---: |
| Individual characteristics |  |  |  |  |
| Age 13-18 | Six dummy variables for age that personyear corresponds to. |  | Age 12 <br> Not progressing to secondary outcome: Burkina Faso = Age 12-13 <br> Ghana $=$ Age 12-15 <br> Malawi $=$ Age 12-14 <br> Uganda $=$ Age 12-13 | For the outcome "not progressing to secondary," the omitted age category is age 12 through the country-specific age when an individual would normally complete primary due to different starting ages for primary and number of grades that constitute basic education in each country. |
| Premarital Sex | $=0$ if the person-year-age is less than or equal to the individual's age at sexual debut; thereafter =1 | X | Not had sex | Individuals are censored at marriage if they have not had sex at an earlier age. This variable only applies to school exit model. |
| Puberty | $=0$ if the person-year-age is less than or equal to the individual's reported age at puberty; thereafter $=1$ | X | Not had menarche / puberty | The survey question for boys was about the age when they first noticed any of the following changes: growing pubic hair, voices get deeper or having "wet dreams." Girls were asked about the age when they had their first menstrual period. |
| Out of school | $=0$ if the person-year-age is less than or equal to the individual's age at school exit; thereafter $=1$ |  | In school | Only applies to first sex models. |
| School entry Late entry | Three dummy variables: <br> Started school at age 7 or 8 ( 8 or 9 for Burkina Faso) |  | Started at age 6 or before (age 7 for Burkina) | The proportion in each country who do not know their start age is sufficiently large that "don't know" must be included as its own category. |
| Very late entry | Started school at age 9 or later (10 for Burkina Faso). |  |  |  |
| Don't know entry | Do not know age at which started school. |  |  |  |
| Household characteristics |  |  |  |  |
| Socioeconomic status | Two dummy variables: |  | Individual's household falls |  |
| Socioeconomic status 40-80\% | $40-80^{\text {th }}$ percentiles |  | in 0-40 ${ }^{\text {th }}$ percentile of urban- |  |
| Socioeconomic status 80+\% | $80-100^{\text {th }}$ percentiles |  | / rural- specific household asset index |  |
| Urban | Location of household $=0$ if rural; = 1 if urban |  | Rural |  |
| Household head's education | Household head's education, in single years. |  |  |  |

Table 2. (continued) Description of covariates in hazard models


Table 3. Effect of female dummy variable on school exit outcomes by country: pooled sex models without interaction terms

| Outcome | Burkina Faso | Ghana |  | Malawi |  | Uganda |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |  |  |  |  |

Source: 2004 National Survey of Adolescents in Burkina Faso, Ghana, Malawi and Uganda
Note: Other covariates included in the model are age, puberty, premarital sex, age at school entry, religion, ethnicity, household wealth quintile, urban residence, household head's education, maternal and paternal orphanhood status, food availability in childhood household and alcohol abuse in childhood household.

Table 4. Mean age of primary school completion by country and sex

|  | Males | Females |
| :---: | :---: | :---: |
| Among those who completed primary school the same year they were surveyed |  |  |
| Burkina Faso | 14.3 | 14.2 |
| Ghana $\dagger$ | 17.0 | 16.9 |
| Malawi | 16.7 | 15.8 * |
| Uganda | 15.9 | 15.3 * |
| Among 18-19 year olds who did not progress past primary school |  |  |
| Burkina Faso | 14.8 | 15.3 |
| Ghana $\dagger$ | 16.6 | 16.3 |
| Malawi | 17.6 | 17.3 |
| Uganda | 16.5 | 15.9 |
| Among 18-19 year olds who progressed to secondary school |  |  |
| Burkina Faso | 14.9 | 15.3 * |
| Ghana $\dagger$ | 16.3 | 16.0 |
| Malawi | 16.5 | 15.8 * |
| Uganda | 15.4 | 14.6 * |

[^12]Table 5. Effect of puberty and premarital sex on school exit prior to completion of secondary school, school exit prior to completion of primary school and not progressing to secondary school

|  | Males |  |  |  |  |  |  |  | Females |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Burkina Faso |  | Ghana |  | Malawi |  | Uganda |  | Burkina Faso |  | Ghana |  | Malawi |  | Uganda |  |
|  | Odds ratio | p | Odds ratio | p | Odds ratio | p | Odds ratio | p | Odds ratio | p | Odds ratio | p | Odds ratio | p | Odds ratio | p |
| School exit prior to completion of secondary school |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Puberty | 0.82 | 0.40 | 0.59 | 0.01 | 1.32 | 0.15 | 1.06 | 0.72 | 1.05 | 0.85 | 1.57 | 0.02 | 1.77 | 0.00 | 1.52 | 0.00 |
| Premarital sex | 1.52 |  | 1.67 | 0.09 | 1.19 | 0.43 | 1.73 | 0.00 | 2.44 | 0.09 | 3.20 | 0.00 | 1.98 | 0.02 | 1.90 | 0.00 |
| School exit prior to completion of primary school |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Puberty | 0.84 |  | 0.87 | 0.63 | 1.19 | 0.39 | 0.88 | 0.56 | 0.42 | 0.08 | 1.45 | 0.22 | 1.71 | 0.01 | 1.57 | 0.01 |
| Premarital sex | 1.73 |  | 1.34 | 0.58 | 1.09 | 0.73 | 1.59 | 0.04 | n.e. | n.e. | 5.30 | 0.00 | 1.90 | 0.05 | 1.08 | 0.70 |
| Not progressing to secondary school |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Puberty | 1.18 |  | 0.60 | 0.13 | 1.68 | 0.36 | 1.63 | 0.06 | 1.57 | 0.19 | 1.08 | 0.82 | 2.16 | 0.10 | 1.22 | 0.43 |
| Premarital sex | 0.63 |  | 0.61 | 0.35 | 2.12 | 0.06 | 1.19 | 0.52 | 0.46 | 0.47 | 1.90 | 0.10 | 3.66 | 0.13 | 1.97 | 0.03 |

Source: 2004 National Survey of Adolescents in Burkina Faso, Ghana, Malawi and Uganda
n.e. $=$ not estimated, perfectly collinear

Note: Other covariates included in the model are age, puberty, premarital sex, age at school entry, religion, ethnicity, household wealth quintile, urban residence, household head's education, maternal and paternal orphanhood status, food availability in childhood household and alcohol abuse in childhood household.

Table 6. Effect of female dummy variable on premarital sex outcome by country: pooled sex models

|  | Burkina Faso | Ghana |  | Malawi |  | Uganda |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Premarital sex | Odds ratio | p | Odds ratio | p | Odds ratio | p | Odds ratio | p |
|  |  | 0.62 | 0.01 | $\mathbf{2 . 0 1}$ | 0.00 | $\mathbf{0 . 3 2}$ | 0.00 | $\mathbf{0 . 8 1}$ |

Source: 2004 National Survey of Adolescents in Burkina Faso, Ghana, Malawi and Uganda
Note: Other covariates included in the model are age, puberty, out of school, age at school entry, religion, ethnicity, household wealth quintile, urban residence, household head's education, maternal and paternal orphanhood status, food availability in childhood household and alcohol abuse in childhood household.

Table 7. Effect of puberty, school exit and age of school entry on premarital sex by country and sex

|  | Males |  |  |  |  |  |  |  | Females |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Burkina Faso |  | Ghana |  | Malawi |  | Uganda |  | Burkina Faso |  | Ghana |  | Malawi |  | Uganda |  |
|  | Odds ratio | p | Odds ratio | p | Odds ratio | p | Odds ratio | p | Odds ratio | p | Odds ratio | p | Odds ratio | p | Odds ratio | p |
| Puberty | 1.48 |  | 1.20 | 0.51 | 1.33 | 0.07 | 0.92 | 0.55 | 1.64 |  | 1.87 | 0.00 | 1.98 | 0.01 | 1.68 | 0.00 |
| Out of school | 1.02 |  | 3.35 | 0.00 | 1.29 | 0.31 | 1.28 | 0.19 | 1.21 | 0.57 | 2.27 | 0.00 | 0.83 | 0.57 | 1.59 | 0.01 |
| Late entry | 0.95 |  | 0.97 | 0.92 | 0.71 | 0.03 | 0.99 | 0.96 | 0.41 |  | 1.10 | 0.66 | 1.15 | 0.57 | 0.84 | 0.22 |
| Very late entry | 1.87 |  | 0.67 | 0.31 | 0.67 | 0.02 | 0.92 | 0.55 | 0.71 | 0.72 | 1.17 | 0.57 | 0.92 | 0.78 | 1.05 | 0.77 |
| Don't know entry | 0.40 |  | 0.76 | 0.39 | 0.88 | 0.53 | 1.12 | 0.53 | 1.80 | 0.45 | 1.36 | 0.18 | 1.09 | 0.84 | 0.49 | 0.02 |

Source: 2004 National Survey of Adolescents in Burkina Faso, Ghana, Malawi and Uganda
n.e. $=$ not estimated, perfectly collinear

Note: Other covariates included in the model are age, religion, ethnicity, household wealth quintile, urban residence, household head's education, maternal and paternal orphanhood status, food availability in childhood household and alcohol abuse in childhood household.

Appendix Table 1. Odds ratios from discrete time hazard analysis of sex-specific models of school exit prior to completion of secondary school

|  | Males |  |  |  | Females |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Burkina Faso | Ghana | Malawi | Uganda | Burkina Faso | Ghana | Malawi | Uganda |
| Individual characteristics |  |  |  |  |  |  |  |  |
| Age 13 | 2.17 ** | 0.74 | 1.80 | 1.53 | 1.41 | 1.00 | 1.42 | 1.40 |
| Age 14 | 2.92 ** | 1.75 | 3.56 ** | 3.79 ** | 1.84 * | 2.43 ** | 2.15 ** | 2.66 ** |
| Age 15 | 6.55 ** | 7.51 ** | 2.18 * | 6.85 ** | 3.38 ** | 3.90 ** | 3.24 ** | 4.98 ** |
| Age 16 | 3.45 ** | 16.10 ** | 3.87 ** | 8.78 ** | 3.61 ** | 8.18 ** | 4.65 ** | 7.50 ** |
| Age 17 | 3.49 * | 25.51 ** | 8.45 ** | 11.87 ** | 1.43 | 9.99 ** | 8.82 ** | 9.99 ** |
| Age 18 | 0.33 | 22.55 ** | 11.38 ** | 14.03 ** | n.e. | 7.72 ** | 6.14 * | 14.83 ** |
| Puberty | 0.82 | 0.59 * | 1.32 | 1.06 | 1.05 | 1.57 * | 1.77 ** | 1.52 ** |
| Premarital sex | 1.52 | 1.67 | 1.19 | 1.73 ** | 2.44 | 3.20 ** | 1.98 * | 1.90 ** |
| Late entry | 0.77 | 0.94 | 0.71 | 1.17 | 0.96 | 1.36 | 1.13 | 0.96 |
| Very late entry | 0.66 | 0.52 * | 1.42 | 1.14 | 1.21 | 0.96 | 2.26 ** | 0.99 |
| Don't know entry | 3.07 ** | 0.89 | 1.20 | 1.24 | 1.41 | 1.01 | 1.57 | 1.05 |
| Religion; Protest \& others | 1.38 | 1.37 | 0.83 | 0.90 | 0.64 | 0.70 | 1.16 | 0.94 |
| Religion; Muslim | 1.29 | 1.88 * | 2.35 * | 0.78 | 0.99 | 0.57 | 2.29 * | 1.12 |
| Ethnicity, other vs. Mossi | 0.93 |  |  |  | 0.83 |  |  |  |
| Ethnicity, Ewe vs. Akan |  | 0.41 ** |  |  |  | 0.89 |  |  |
| Ethnicitiy, Other vs. Akan |  | 0.66 |  |  |  | 0.71 |  |  |
| Ethnicity, Yao vs. Chewe |  |  | 0.58 |  |  |  | 0.66 |  |
| Ethnicity, Tumbuka vs. Chewe |  |  | 0.47 * |  |  |  | 0.73 |  |
| Ethnicity, Lomwe vs. Chewe |  |  | 1.34 |  |  |  | 1.37 |  |
| Ethnicity, Other vs. Chewe |  |  | 0.77 |  |  |  | 1.10 |  |
| Ethnicity, Munyankore vs. Muganda |  |  |  | 0.76 |  |  |  | 0.89 |
| Ethnicity, Other vs. Muganda |  |  |  | 0.61 ** |  |  |  | 0.81 |
| Household characteristics |  |  |  |  |  |  |  |  |
| Socioeconomic status 40-80\% | 1.16 | 0.87 | 0.92 | 0.91 | 1.05 | 0.84 | 0.74 | 0.78 * |
| Socioeonomic status $80 \%$ | 0.57 * | 0.45 ** | 0.62 | 0.87 | 1.16 | 1.07 | 0.48 ** | 0.86 |
| Household head's education | 0.90 ** | 0.99 | 0.96 | 0.93 ** | 0.97 | 0.95 ** | 0.97 | 0.99 |
| Urban | 0.46 ** | 0.62 ** | 0.55 * | 0.61 | 0.65 * | 0.99 | 0.68 | 0.92 |
| Negative childhood experiences |  |  |  |  |  |  |  |  |
| Mother died when child younger than 10 | 0.84 | 2.21 | 1.58 | 1.36 | 4.34 ** | 2.48 | 1.06 | 1.34 |
| Mother died when child between ages 10-19 | 0.32 | 1.05 | 1.71 | 1.30 | 0.96 | 0.34 | 1.09 | 0.97 |
| Don't know age mother died | 0.21 | 0.80 | 2.34 | 1.26 | 8.04 | 3.02 | 1.38 | 1.52 |
| Father died when child younger than 10 | 0.49 | 0.73 | 0.87 | 1.19 | 1.30 | 1.35 | 1.54 | 1.45 * |
| Father died when child between ages 10-19 | 0.71 | 0.89 | 1.20 | 1.46 | 0.33 | 1.17 | 1.39 | 0.97 |
| Don't know age father died | 3.11 | 1.70 | 1.50 | 1.54 | 0.33 | 0.34 | 1.92 * | 1.26 |
| Food shortage somewhat often | 1.11 | 0.89 | 1.52 | 1.10 | 1.22 | 1.39 | 0.94 | 1.09 |
| Food shortage very often | 1.37 | 0.93 | 1.47 | 0.94 | 1.57 | 1.60 | 0.98 | 0.89 |
| Alcohol abuse | 1.07 | 1.24 | 0.77 | 0.92 | 0.77 | 1.20 | 1.09 | 1.23 |
| Number of person-year observations | 2855 | 5619 | 5032 | 5903 | 2075 | 5210 | 4657 | 5665 |
| Pseudo-R2 | 0.1096 | 0.1739 | 0.1207 | 0.1226 | 0.0581 | 0.1624 | 0.1248 | 0.1368 |

Source: 2004 National Survey of Adolescents in Burkina Faso, Ghana, Malawi and Uganda
** $p<.01$

* $\mathrm{p}<.05$
n.e. $=$ not estimated, perfectly collinear


## Appendix Table 2. Odds ratios from discrete time hazard analysis of sex-specific models of school exit prior to completion of primary school

|  | Males |  |  |  | Females |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Burkina Faso | Ghana | Malawi | Uganda | Burkina Faso | Ghana | Malawi | Uganda |
| Individual characteristics |  |  |  |  |  |  |  |  |
| Age 13 | 1.13 | 0.65 | 1.88* | 1.28 | 0.80 | 0.95 | 1.50 | 1.40 |
| Age 14 | 0.90 | 1.16 | 3.78 ** | 2.96 ** | 0.74 | 1.45 | 2.07 ** | 2.42 ** |
| Age 15 | 1.34 | 2.22 * | 2.07 * | 4.55 ** | 0.96 | 1.65 | 3.11 ** | 3.76 ** |
| Age 16 | 0.37 | 4.15 ** | 3.65 ** | 6.31 ** | 0.63 | 1.42 | 4.17 ** | 4.89 ** |
| Age 17 | n.e. | 2.98 | 6.06 ** | 7.47 ** | n.e. | 1.95 | 6.53 ** | 3.32 ** |
| Age 18 | n.e. | 3.50 | 8.75 ** | 12.85 ** | n.e. | n.e. | 6.61 * | 1.67 |
| Puberty | 0.84 | 0.87 | 1.19 | 0.88 | 0.42 | 1.45 | 1.71 * | 1.57 ** |
| Premarital sex | 1.73 | 1.34 | 1.09 | 1.59 * | n.e. | 5.30 ** | 1.90 * | 1.08 |
| Late entry | 1.10 | 0.80 | 0.90 | 1.45 | 0.82 | 2.30 ** | 1.16 | 0.91 |
| Very late entry | 2.10 * | 0.86 | 1.67 * | 1.84 * | 1.88 | 2.09 * | 2.68 ** | 1.24 |
| Don't know entry | 6.47 ** | 1.54 | 1.34 | 1.62 | 2.04 | 1.28 | 1.79 | 1.11 |
| Religion; Protest \& others | 1.50 | 1.28 | 0.84 | 1.01 | 0.32 * | 1.19 | 0.96 | 0.88 |
| Religion; Muslim | 1.51 | 1.71 | 2.28 * | 1.17 | 1.01 | 0.86 | 2.27 * | 0.75 |
| Ethnicity, other vs. Mossi | 0.80 |  |  |  | 0.89 |  |  |  |
| Ethnicity, Ewe vs. Akan |  | 0.57 |  |  |  | 1.13 |  |  |
| Ethnicitiy, Other vs. Akan |  | 0.93 |  |  |  | 1.03 |  |  |
| Ethnicity, Yao vs. Chewe |  |  | 0.54 |  |  |  | 0.70 |  |
| Ethnicity, Tumbuka vs. Chewe |  |  | 0.59 |  |  |  | 0.68 |  |
| Ethnicity, Lomwe vs. Chewe |  |  | 1.15 |  |  |  | 1.26 |  |
| Ethnicity, Other vs. Chewe |  |  | 0.80 |  |  |  | 1.16 |  |
| Ethnicity, Munyankore vs. Muganda |  |  |  | 0.44* |  |  |  | 1.04 |
| Ethnicity, Other vs. Muganda |  |  |  | 0.51 ** |  |  |  | 1.29 |
| Household characteristics |  |  |  |  |  |  |  |  |
| Socioeconomic status 40-80\% | 1.01 | 0.48 ** | 1.10 | 0.85 | 1.38 | 0.68 | 0.87 | 0.68 ** |
| Socioeonomic status $80 \%$ | 0.70 | 0.12 ** | 0.72 | 1.00 | 1.27 | 0.60 | 0.47 ** | 0.81 |
| Household head's education | 0.94 | 0.96 | 0.95 * | 0.92 ** | 0.99 | 0.95 * | 0.95 | 0.97 |
| Urban | 0.71 | 0.60 * | 0.54 * | 0.70 | 0.70 | 0.70 | 0.74 | 0.75 |
| Negative childhood experiences |  |  |  |  |  |  |  |  |
| Mother died when child younger than 10 | 0.46 | 1.31 | 1.22 | 1.88 * | 1.41 | 1.33 | 1.08 | 1.34 |
| Mother died when child between ages 10-19 | 0.86 | 1.68 | 1.87 | 1.07 | 0.23 | 0.48 | 1.33 | 0.70 |
| Don't know age mother died | n.e. | n.e. | 2.70 | 2.11 | 10.40 | 3.53 | 1.79 | 1.18 |
| Father died when child younger than 10 | 0.36 | 0.52 | 1.00 | 1.16 | 0.85 | 1.17 | 1.67 | 1.20 |
| Father died when child between ages 10-19 | n.e. | 0.89 | 1.59 | 1.75 * | 0.70 | 0.84 | 1.48 | 0.67 |
| Don't know age father died | 6.11 * | 1.95 | 0.93 | 1.32 | 0.63 | 0.21 | 1.45 | 1.05 |
| Food shortage somewhat often | 0.99 | 1.49 | 1.93 * | 1.12 | 1.18 | 1.81 ** | 0.90 | 1.03 |
| Food shortage very often | 1.11 | 1.72 | 1.73 * | 0.78 | 1.31 | 1.24 | 0.80 | 1.22 |
| Alcohol abuse | 1.41 | 1.29 | 0.77 | 0.99 | 1.49 | 1.29 | 1.11 | 1.09 |
| Number of person-year observations | 2562 | 5553 | 4901 | 5593 | 1930 | 5184 | 4553 | 5494 |
| Pseudo-R2 | 0.0728 | 0.1083 | 0.1093 | 0.0997 | 0.0513 | 0.1024 | 0.1207 | 0.0759 |

Source: 2004 National Survey of Adolescents in Burkina Faso, Ghana, Malawi and Uganda
** $\mathrm{p}<.01$

* $\mathrm{p}<.05$
n.e. $=$ not estimated, perfectly collinear

Appendix Table 3. Odds ratios from sex-specific models of not progressing to secondary school, among those who completed primary school

|  | Males |  |  |  | Females |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Burkina Faso | Ghana | Malawi | Uganda | Burkina Faso | Ghana | Malawi | Uganda |
| Individual characteristics |  |  |  |  |  |  |  |  |
| Completed primary at age 14 | 0.80 |  |  | 1.47 | 0.67 |  |  | 1.59 |
| Completed primary at age 15 | 0.75 |  | 1.00 | 1.66 | 0.71 |  | 0.72 | 2.26 * |
| Completed primary at age 16 | 0.69 | 1.15 | 0.59 | 1.13 | 0.72 | 1.54 | 0.62 | 2.12 |
| Completed primary at age 17 | 0.46 | 2.78 * | 0.24 * | 1.83 | 0.09 * | 1.41 | 1.21 | 5.77 ** |
| Completed primary at age 18 | 0.76 | 1.88 | 0.65 | 3.13 | n.e. | 0.58 | 3.76 | 36.26 ** |
| Completed primary at age 19 | 0.09 | 0.24 | 0.92 | 2.14 | n.e. | 0.96 | 2.31 | no obs |
| Puberty | 1.18 | 0.60 | 1.68 | 1.63 | 1.57 | 1.08 | 2.16 | 1.22 |
| Premarital sex | 0.63 | 0.61 | 2.12 | 1.19 | 0.46 | 1.90 | 3.66 | 1.97 * |
| Late entry | 1.47 | 1.26 | 0.56 | 1.06 | 1.42 | 1.95 | 0.76 | 1.49 |
| Very late entry | 3.98 | 5.79 | 1.95 | 1.52 | 6.86 * | 3.41 | 0.52 | 1.15 |
| Don't know entry | 3.10 | 1.42 | 1.61 | 0.77 | 0.13 * | 1.43 | 1.09 | 1.98 |
| Religion; Protest \& others | 1.46 | 1.29 | 1.82 | 0.75 | 1.94 | 0.58 | 0.97 | 0.72 |
| Religion; Muslim | 1.01 | 2.20 | 1.40 | 0.68 | 0.70 | 0.76 | 0.25 | 1.18 |
| Ethnicity, other vs. Mossi | 0.99 |  |  |  | 0.96 |  |  |  |
| Ethnicity, Ewe vs. Akan |  | 0.33 * |  |  |  | 0.90 |  |  |
| Ethnicitiy, Other vs. Akan |  | 0.35 ** |  |  |  | 0.76 |  |  |
| Ethnicity, Yao vs. Chewe |  |  | 2.16 |  |  |  | 1.52 |  |
| Ethnicity, Tumbuka vs. Chewe |  |  | 0.76 |  |  |  | 0.52 |  |
| Ethnicity, Lomwe vs. Chewe |  |  | 2.64 |  |  |  | 1.16 |  |
| Ethnicity, Other vs. Chewe |  |  | 1.16 |  |  |  | 0.34 * |  |
| Ethnicity, Munyankore vs. Muganda |  |  |  | 2.30 * |  |  |  | 2.43 ** |
| Ethnicity, Other vs. Muganda |  |  |  | 1.91 * |  |  |  | 0.85 |
| Household characteristics |  |  |  |  |  |  |  |  |
| Socioeconomic status 40-80\% | 1.31 | 0.92 | 1.88 | 0.85 | 0.96 | 0.55 | 0.65 | 1.08 |
| Socioeonomic status $80 \%$ | 0.63 | 0.63 | 0.57 | 0.80 | 1.05 | 0.49 | 0.28 * | 0.69 |
| Household head's education | 0.85 ** | 0.94 * | 0.99 | 0.95 * | 0.88 ** | 0.89 ** | 1.00 | 0.98 |
| Urban | 0.24 ** | 0.28 ** | 0.37 * | 0.67 | 0.23 ** | 0.49 * | 0.30 ** | 0.57 |
| Negative childhood experiences |  |  |  |  |  |  |  |  |
| Mother died when child younger than 10 | 0.94 | 15.01 ** | 0.42 | 1.06 | 0.53 | 1.42 | 1.53 | 1.24 |
| Father died when child younger than 10 | 0.88 | 1.76 | 0.85 | 1.19 | 0.79 | 0.90 | 0.93 | 1.39 |
| Food shortage somewhat often | 1.02 | 0.41 * | 0.47 | 0.96 | 1.36 | 1.62 | 0.61 | 0.97 |
| Food shortage very often | 0.45 | 0.31 ** | 2.08 | 0.87 | 2.22 | 1.65 | 1.96 | 0.71 |
| Alcohol abuse | 1.66 | 1.87 | 1.24 | 1.29 | 0.72 | 0.68 | 0.72 | 1.30 |
| Number of individuals | 583 | 347 | 286 | 541 | 438 | 389 | 341 | 541 |
| Pseudo-R2 | 0.1895 | 0.1956 | 0.1457 | 0.0961 | 0.2009 | 0.1532 | 0.1756 | 0.1497 |

Source: 2004 National Survey of Adolescents in Burkina Faso, Ghana, Malawi and Uganda
** p < .01

* $\mathrm{p}<.05$
n.e. $=$ not estimated, perfectly collinear
no obs $=$ No observation


## Appendix Table 4. Odds ratios from discrete time hazard analysis of sex-specific models of premarital sex

|  | Males |  |  |  | Females |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Burkina Faso | Ghana | Malawi | Uganda | Burkina Faso | Ghana | Malawi | Uganda |
| Individual characteristics |  |  |  |  |  |  |  |  |
| Age 13 | 0.69 | 1.43 | 1.55 * | 1.02 | 0.68 | 3.81 * | 1.22 | 1.19 |
| Age 14 | 2.57 ** | 2.32 | 1.94 ** | 1.69 ** | 5.92 ** | 8.45 ** | 3.44 ** | 3.83 ** |
| Age 15 | 4.58 ** | 6.19 ** | 3.48 ** | 1.95 ** | 22.14 ** | 18.60 ** | 6.45 ** | 4.34 ** |
| Age 16 | 5.96 ** | 7.18 ** | 3.06 ** | 3.96 ** | 32.64 ** | 21.80 ** | 6.93 ** | 5.94 ** |
| Age 17 | 9.69 ** | 13.47 ** | 4.46 ** | 4.45 ** | 30.60 ** | 33.09 ** | 16.87 ** | 6.78 ** |
| Age 18 | 13.66 ** | 6.23 * | 5.93 ** | 5.50 ** | 38.36 ** | 20.85 ** | 25.91 ** | 2.57 |
| Puberty | 1.48 | 1.20 | 1.33 | 0.92 | 1.64 | 1.87 ** | 1.98 ** | 1.68 ** |
| Out of school | 1.02 | 3.35 ** | 1.29 | 1.28 | 1.21 | 2.27 ** | 0.83 | 1.59 ** |
| Late entry | 0.95 | 0.97 | 0.71 * | 0.99 | 0.41 * | 1.10 | 1.15 | 0.84 |
| Very late entry | 1.87 | 0.67 | 0.67 * | 0.92 | 0.71 | 1.17 | 0.92 | 1.05 |
| Don't know entry | 0.40 | 0.76 | 0.88 | 1.12 | 1.80 | 1.36 | 1.09 | 0.49 * |
| Religion; Protest \& others | 1.05 | 1.08 | 0.98 | 0.85 | 0.69 | 0.87 | 1.45 | 0.94 |
| Religion; Muslim | 1.20 | 1.43 | 1.38 | 0.98 | 1.13 | 1.02 | 2.33 | 1.59 ** |
| Ethnicity, other vs. Mossi | 0.81 |  |  |  | 0.72 |  |  |  |
| Ethnicity, Ewe vs. Akan |  | 1.79 |  |  |  | 1.19 |  |  |
| Ethnicitiy, Other vs. Akan |  | 1.16 |  |  |  | 0.62 |  |  |
| Ethnicity, Yao vs. Chewe |  |  | 1.50 |  |  |  | 2.43 * |  |
| Ethnicity, Tumbuka vs. Chewe |  |  | 1.05 |  |  |  | 1.49 |  |
| Ethnicity, Lomwe vs. Chewe |  |  | 1.50 * |  |  |  | 2.91 ** |  |
| Ethnicity, Other vs. Chewe |  |  | 1.22 |  |  |  | 2.22 ** |  |
| Ethnicity, Munyankore vs. Muganda |  |  |  | 0.75 |  |  |  | 0.31 ** |
| Ethnicity, Other vs. Muganda |  |  |  | 1.08 |  |  |  | 1.12 |
| Household characteristics |  |  |  |  |  |  |  |  |
| Socioeconomic status 40-80\% | 0.85 | 1.43 | 1.03 | 1.07 | 1.20 | 0.93 | 1.16 | 0.74 * |
| Socioeonomic status $80 \%$ | 0.61 | 0.78 | 0.72 | 1.00 | 1.04 | 0.86 | 0.71 | 0.76 |
| Household head's education | 1.02 | 1.02 | 1.00 | 0.99 | 0.98 | 0.97 | 1.03 | 1.01 |
| Urban | 1.19 | 1.05 | 0.64 * | 1.21 | 0.54 | 0.63 * | 1.12 | 0.80 |
| Negative childhood experiences |  |  |  |  |  |  |  |  |
| Mother died when child younger than 10 | 1.74 | 1.25 | 1.18 | 1.13 | 0.73 | 0.77 | 1.04 | 0.97 |
| Mother died when child between ages 10-19 | 1.81 | 1.10 | 0.88 | 1.00 | 2.21 | 0.81 | 0.68 | 1.26 |
| Don't know age mother died | 1.68 | 2.33 | 0.84 | 1.09 | n.e. | 1.38 | 2.03 | 0.66 |
| Father died when child younger than 10 | 1.23 | 1.23 | 0.97 | 1.16 | 0.48 | 0.46 | 0.62 | 1.07 |
| Father died when child between ages 10-19 | 0.47 | 0.89 | 0.63 | 1.40 | 1.76 | 1.00 | 1.36 | 0.72 |
| Don't know age father died | n.e. | 0.99 | 3.31 ** | 1.74 * | 1.14 | 1.37 | 1.63 | 1.38 |
| Food shortage somewhat often | 0.47 * | 0.99 | 1.11 | 0.98 | 2.45 * | 1.49 | 0.85 | 1.13 |
| Food shortage very often | 3.67 ** | 1.37 | 0.99 | 0.89 | 1.64 | 2.52 ** | 1.21 | 0.92 |
| Alcohol abuse | 1.66 | 1.64 * | 1.04 | 1.54 ** | 1.21 | 1.19 | 1.29 | 1.24 |
| Number of person-year observations | 3156 | 5724 | 4626 | 5653 | 2400 | 5339 | 4794 | 5763 |
| Pseudo-R2 | 0.1362 | 0.1383 | 0.0648 | 0.0503 | 0.2411 | 0.191 | 0.1778 | 0.1277 |

[^13]
[^0]:    Authorship is alphabetical. An earlier version of this paper was presented at the IUSSP Seminar on Sexual and Reproductive Transitions of Adolescents in Developing Countries, Cholula, Puebla, Mexico, 6-9 November 2006, in collaboration with the Centre for Demographic, Urban and Environmental Studies (CEDUA), El Colegio de México.

    This research uses data from Protecting the Next Generation: Understanding HIV Risk Among Youth, a project designed by The Guttmacher Institute (United States) in collaboration with the University of Cape Coast (Ghana), Institut Supérieur des Sciences de la Population (Burkina Faso), Makerere Institute of Social Research (Uganda), Centre for Social Research (Malawi) and the African Population and Health Research Center (Kenya). Funding for The Guttmacher Institute's work on this project was provided by The Bill \& Melinda Gates Foundation, the Rockefeller Foundation and the National Institute of Child Health and Human Development (Grant 5 R24 HD043610). Funding for the Population Council authors was provided by the Hewlett Foundation.
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[^1]:    ${ }^{1}$ See Glewwe and Kremer (2006 pages 974-977) for an up-to-date review.

[^2]:    ${ }^{2}$ As far as we know, this is the only study of adolescent reproductive behavior that has incorporated independent measures of school quality in the analysis.

[^3]:    ${ }^{3}$ Enumeration areas in four districts in the Northern region of Uganda, comprising 7\% of all enumeration areas in the national sample, had to be dropped during fieldwork in 2004 due to security concerns. These districts are predominantly populated by Luo-speaking people, however two neighboring Luo-speaking districts were still retained in the original sample.

[^4]:    ${ }^{4}$ Informed consent was sought from 18-19-year-olds. Consent from a parent or caretaker was first obtained for adolescents aged 12-17 years before the eligible minor adolescent was then approached for assent to participate in the survey.
    ${ }^{5}$ The overall individual response rate ranged between $86.6 \%$ (Uganda) and $95.2 \%$ (Burkina Faso In each survey, a protocol of matching the sex of the interviewers to the sex of the respondent was used, though in some cases was not followed due to overriding needs of matching by language of interview.
    ${ }^{6}$ Also excluded were those who did not know their ages of school exit, marriage or sex among those reporting any of these events.

[^5]:    ${ }^{7}$ This status is exceedingly rare as most school systems do not permit married students to enroll.

[^6]:    ${ }^{8} \mathrm{We}$ are interested in comparing adolescents attending school with those who did not attend at each age, having exited prior to completing secondary school. For this reason, in the very few cases where an adolescent had progressed in school beyond the secondary level, they are effectively censored at their estimated age of secondary school completion.
    ${ }^{9}$ Note that for the purposes of the discussion, we provide percentages, although it is not possible to determine the actual numbers from viewing the graphs.
    ${ }^{10}$ This difference raises concerns that girls in the Malawi survey are substantially underreporting premarital sex given that adolescents typically have sex with same-age peers. Moreover, if premarital sex among girls is underreported, then the time estimated in other statuses will be, correspondingly, over reported.

[^7]:    ${ }^{11}$ It is coded " 1 " for age intervals subsequent to the respondent's age when the parent died, so if the parent died when the respondent was 14 and the respondent is age 16 at the interview, the variable is coded " 0 " for ages 12 through 14 and then " 1 " for age 15 (the age 16 person-year is not included in the analysis since it is an incomplete observation).
    ${ }^{12}$ They created an index of household wealth by conducting a principal components analysis on a series of variables that indicate household ownership of specific assets (e.g. radio, bicycle, type of toilet). We refine this methodology conducting separate principal components analyses for urban and rural households; Montgomery and Hewett (2005)

[^8]:    ${ }^{13}$ The estimate of the mean among those who have completed primary may be biased downward since those who have yet to complete are still in school. Given that boys are more likely to complete primary than girls, censoring may be more of a factor for boys and thus the mean may be more of an underestimate. If the analysis is limited to those at an age beyond which most of those who are going to complete primary have already done so, say 18 or 19 , then censoring should be less of a factor. However, there is a further complication in that those who are currently attending secondary school are not asked the age of primary completion. Thus in order to calculate a mean for those in secondary, we assumed smooth progression through secondary. Repetition of secondary school grades will introduce a bias toward an over-estimate for the mean age at primary completion.

[^9]:    ${ }^{14}$ The survey question in English for boys (though translated into local languages) was "As boys grow into men, certain changes happen to their bodies, such as growing pubic hair, voices get deeper, or sometimes they have "wet dreams. At what age did you first notice any of these changes happening in your body, or have none happened yet?" The survey question asked of girls was "As girls grow into women, changes happen in their bodies, such as the start of menstrual periods. At what age did you have your first menstrual period, or have you not had one yet?"

[^10]:    ${ }^{15}$ Note that for all models we estimated pooled regressions combining boys and girls in the same analysis and interacted all covariates with the gender variable in order to determine whether gender differences in covariates observed in Table 5 are statistically significant. While coefficients for gender interactions with puberty and premarital sex have the expected sign-that is, the effects for females are larger than those for males-the interactions are generally not statistically significant, perhaps because the confidence intervals for the male effects are so large (results not shown).

[^11]:    ${ }^{16}$ As with the school outcomes, we estimated models that pooled males and females and included gender interactions with all covariates. The odds ratios for the interaction effects of gender with puberty are all in the expected direction, with the effect for girls being greater than that for boys, but the coefficients are only significant in Uganda. The gender interactions with the out of school and late entry variables are inconsistent and not significant.

[^12]:    Source: 2004 National Survey of Adolescents in Burkina Faso, Ghana, Malawi and Uganda

    * p < . 05
    $\dagger$ Primary includes Junior Secondary School (through 9 grades)

[^13]:    Source: 2004 National Survey of Adolescents in Burkina Faso, Ghana, Malawi and Uganda
    ** $\mathrm{p}<.01$

    * $\mathrm{p}<.05$
    n.e. $=$ not estimated, perfectly collinear

